

Term 2, 2024 15th April—28th June



Leongatha Community House Inc

• learn • connect • share

Welcome to Leongatha Community House!

We're thrilled to present our latest brochure, showcasing a diverse range of programs designed with our community in mind.

From educational workshops to social gatherings, fitness classes to creative arts, there's something for everyone in our vibrant community.

Don't forget to take advantage of our community bus, ensuring accessibility for all members of our community.

Join us as we come together to learn, connect, and grow. We look forward to seeing you at Leongatha Community House!

As always Leongatha Community House is the peoples house, if you have any program ideas or suggestions please come in and see us, we would love to see you.

Yours sincerely,

Maddison Redpath,
Manager.

Supported by:



Leongatha Community House Inc is a proud member of Neighbourhood Houses Victoria and the Australian Neighbourhood Houses and Centres Association. You can be assured that your Community House meets all required standards of operation.



Where to find us



16 Bruce Street, Leongatha 3953

Office Hours: Monday - Friday: 9:00 am - 3:30 pm

Phone: 5662 3962 **Mobile:** 0497 899 481

Email: office@leongathacommunityhouse.org.au

Website: www.leongathacommunityhouse.org.au

Facebook: www.facebook.com/leongathach/

Instagram: www.instagram.com/leongatha_community_house/

Leongatha Community House Inc is a proud member of Neighbourhood Houses Victoria and the Australian Neighbourhood Houses and Centres

Association and receives support from South Gippsland Shire Council and the Victorian Department of Health & Human Services.

ABN: 48 180 414 316 Registered No A1136 L



South Gippsland
Shire Council



All Abilities

Details	Dates	Cost
<p><u>Ready for Hospitality</u> Learn Local Course</p> <p>Would you like to ready yourself for a career in hospitality? Then this course is for you. Over the four terms we will be covering the following:</p> <ul style="list-style-type: none"> • Navigating a kitchen • Correct food handling • Team work • Serving the community <p>The group will also be prepping for and hosting a monthly community café.</p>	<p>Monday</p> <p>9.30am - 2.30pm</p> <p>Term 1, 2, 3, 4</p>	<p>\$50 Enrolment fee</p> <p>Please note any additional certificates such as food handlers will be an additional fee</p>
<p><u>Women's Group</u></p> <p>Come and join our women's group where we will be running all different activities and programs to suit your goals and interests.</p>	<p>Tuesday weekly</p> <p>School Terms</p> <p>9.30am -12pm</p>	<p>Cost will depend on activity</p>
<p><u>All Abilities Low Impact Self Defense Class</u></p> <p>Brad, our qualified trainer, will teach a aerobic workout style, self defense program, incorporating self confidence, fitness and self preservation.</p> <p>Limited spaces, BOOKINGS ESSENTIAL</p>	<p>Tuesday</p> <p>Weekly in School Term</p> <p>1pm –2pm</p>	<p>Term fee</p> <p>10 weeks</p> <p>\$100</p>

NDIS Afterschool Social group






Details	Dates	Cost
<p><u>NDIS Afterschool social group</u></p> <p>Join the NDIS Afterschool social group for fun and friendship. Programs depend on participant interests & goals. Activities often include cooking, swimming, fishing craft & lots more.</p> <p>School pick up and home drop off's are provided.</p>	<p>Tuesday Weekly</p> <p>During School Terms</p> <p>3pm –6pm</p>	<p>Cost will depend on activity</p>

LCH Community Bus

Join us on our community outings. If you would like to see a destination added for term 3 please let us know.

Details	Dates	Cost
<p><i>Running errands—Leongatha</i> 10am - 2pm <i>Wednesdays WEEKLY</i></p> <p>Personal Day</p> <p>Whether you're looking to save on fuel costs or you don't have access to a car, we've got you covered! Introducing our community bus service, available every Wednesday, designed to make running errands or socialising in Leongatha a breeze</p> <p>We will be picking up in: Dumbalk, Dollar, Meeniyon, Koonwarra, Leongatha, Korumburra & surrounds.</p>	 <p>Wednesdays</p> 	<p>Leongatha \$5 Korumburra \$6 Koonwarra \$6 Meeniyon \$10 Dumbalk \$10 Dollar \$12.00</p>
<p>Yarram Murals</p> <p>Leaving at 9am</p> <p>There are now 24 murals throughout Yarram's town centre that collectively create Yarram's street art trail.</p>	<p>Tuesday 30th April</p> 	<p>\$15</p> 
<p>Op Shop Tour</p> <p>10am start, meet at LC</p> <p>Join us for a fun, local op shop tour. Stopping in Inverloch, Wonthaggi, San Remo and Korumburra. Stopping for lunch in San Remo</p>	<p>Tuesday 7th May</p> 	<p>\$15</p>

LCH Community Bus cont.

Details	Date	Cost
<p>Fish Creek Tea Cosy Festival</p> <p>The Fish Creek Tea Cosy Festival is held every two years. The festival celebrates the creativity, resourcefulness and hospitality of the local community and its ability to blend traditional and new ways of doing things.</p>	<p>Monday 20th May</p> 	<p>\$10</p>
<p>Dandenong Market</p> <p>Leaving at 9am sharp.</p> <p>Join us for a of fun and culture at the Dandenong markets.</p>	<p>Tuesday 4th June</p> 	<p>\$20</p>
<p>Visit Fountain Gate</p> <p>Leaving from LCH at 9am sharp.</p> <p>Feel like doing a spot of shopping or or just getting out of the house? Join us on our trip to FG</p>	<p>Tuesday 25th June</p> 	<p>\$20</p>
<p>In Partnership with <i>Leongatha Men's Shed</i></p> <p>Leaving from Leongatha Men's at 10am</p> <p>LCH and the Leongatha Men's Shed have teamed up to offer you a fantastic day out! Join us for a visit to the Aquasure at the Wonthaggi Desalination plant, followed by an optional lunch at the Wonthaggi Workman's Club. Come along and enjoy a day filled with exploration, camaraderie, and good food!</p>	 <p>Friday May 17th</p> 	<p>\$8</p>

Health & Wellbeing

Details	Dates	Cost
<p><u>ZUMBA GOLD</u></p> <p>A slower-paced, lower intensity version of a regular Zumba class.</p> <p>Bookings essential</p>	<p>Tuesday weekly 9am-9.45am</p>	<p>\$8 per session</p>
<p><u>Over 60's Exercise Class</u></p> <p><i>Bookings for this class are essential</i></p> <p>Are you over 60 and would like to move more? Come and join our over 60's exercise class. This class is medium to high intensity so expect to sweat!</p> <p>BYO: Mat, sweat towel & water bottle</p> <p>Please wear suitable clothing</p>	<p>Tuesday weekly 10.00am - 10.45am</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>\$8</p>
<p><u>Over 60's Exercise Class</u></p> <p><i>Bookings for this class are essential</i></p> <p><u>Low intensity</u></p> <p>Are you over 60 and would like to move more? Come and join our over 60's exercise class. This class is low intensity, it suitable for people with limited mobility or like the slower pace of an exercise class.</p> <p>This class is predominately done seated however some exercises are preformed standing up & behind your chair.</p> <p>BYO: Water bottle & sweat towel</p>	<p>Tuesday weekly 11.00am - 11.45am</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>\$8</p>
<p><u>Women's Self Defense Class</u></p> <p>Brad, our qualified trainer, will teach a aerobic workout style, self defence program for women aged 12 plus , incorporating self confidence, fitness and self preservation.</p> <p>Bookings essential</p>	<p>Tuesday Weekly in School Term 5pm –6pm</p>	<p>\$150 10 weeks Term fee Payment plan available</p>

Health & Wellbeing

Details	Dates	Cost
<p><u>LCH Wednesday Walkers</u> (Heart Foundation Walking Group)</p> <p>Enjoy walks around the town (and beyond) in good company. Enjoy some fresh air and see new views of your town. This group usually grabs a coffee at a local café after their walk, all welcome to join.</p>	<p>Wednesdays 9:30am</p>	<p>FREE</p>
<p><u>Hatha Yoga</u> (Pat Warburton)</p> <p>Gentle “body and soul” stretching and relaxation for all ages.</p> <p>BYO: mat, rug, and cushion or pillow</p> <p>Bookings essential</p>	<p>Wednesdays 9.30am - 10.30am</p>	<p>\$5</p>
<p><u>Meditation</u> (Pat Warburton)</p> <p>Guided Meditation</p> <p>BYO: mat, rug, and cushion or pillow</p> <p>Bookings essential</p>	<p>Wednesdays 10.45am - 11.15am</p>	<p>\$5</p>
<p><u>T.O.P.I.C (Take Off Pounds in Company)</u></p> <p>A friendly group supporting one another to be healthy</p>	<p>Thursdays 12.30pm onwards</p>	<p>\$4</p>
<p><u>Parents and Friends of Queer Youth (PFQY)</u></p> <p>Is a monthly gathering of LGBTIQA+ young people and the parents and friends who support them.</p> <p>Come along to help make South Gippsland a better place for queer young people to thrive.</p>	<p>First Friday of every month 7pm onwards</p>	<p>Gold coin</p>

DID YOU KNOW?

We have an extensive book, magazine and pattern library. All donated by our local community, if you are looking for something different or would like to add to it, please get in touch or call in.

Breastfeeding Support

<p>Leongatha Community House is delighted to offer a supportive space for parents and caregivers on their breastfeeding journey.</p> <p>Join us at the 9:15AM group session for an antenatal breastfeeding education session. This session is suitable for mums-to-be.</p> <p>Our 1:1 sessions are perfect for mums seeking extra support.</p> <p>These sessions are facilitated by Sarah Long from Empowered Lactation IBCLC & Registered Midwife</p>	<p>Tuesdays Starting April 9</p> <p>Group session 9.15-9.45am</p> <p>1:1 sessions 10 –10.45am 11-11.45am 12-12.45pm</p>	<p>Group sessions \$20</p> <p>1:1 sessions \$30</p>
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Crafts

Details	Dates	Cost
<p><u>Knitting & Crochet Group</u></p> <p>Experienced or beginner, this friendly group is a great way to share your enjoyment of these fun crafts. BYO lunch and your knitting or crochet project and enjoy a great Sunday.</p>	<p>1st Sunday of every month</p> <p>10:30am – 3:00pm</p>	<p>\$5</p>
<p><u>Sewing & Patchworking Group</u></p> <p>Gather with others to design, sew, and finish off your projects. Share ideas and motivation with others and make new friends too. Beginners welcome! Machines and supplies available for beginners.</p>	<p>Tuesday weekly</p> <p>1.00pm - 4.00pm</p>	<p>\$3</p>
<p><u>Craft in Company</u></p> <p>Bring along your WIP's (Works in Progress) or UFO's (Un-Finished Objects) and progress them in good company over a cuppa. Share your successes, and/or learn some new skills.</p>	<p>Thursdays 10:00am – 12:00pm</p>	<p>\$3</p>
<p><u>Beginners Sewing</u></p> <p>Come along and learn how to sew, alter or make clothes that fit your body guided by experienced dressmaker. No previous experience needed.</p>	<p>Thursday 1pm--3pm</p>	<p>\$15 Per class</p>

Special Interest

Details	Dates	Cost
<p><u>Monthly Friendship Group</u></p> <p>Join us monthly for fun, laughter, and support. All are welcome as we build connections and create lasting friendships in our community. Starting 8th April.</p>	<p>Second Monday of the month. 10am - 11.30am</p>	<p>Gold coin donation</p>
<p><u>Ukulele Jam</u> (Janet Head)</p> <p>Do you play the ukulele? Or you'd like to learn? Whether you're an experienced player or just starting out, come along for practice and fun.</p>	<p>Monday weekly 1pm - 2.30pm</p>	<p>\$3</p>
<p><u>Beginners Conversazioni in Italiano</u> (Conversations in Italian with Connie Di Blasi)</p> <p>This group is an opportunity to learn, practice and improve your fluency in an informal and fun atmosphere.</p>	<p>Fridays 10am –11am</p>	<p>Term fee \$100.00 Payment plans available</p>
<p><u>Leongatha Dungeons & Dragons Group</u></p> <p>This table-top role-playing game is loads of fun; join the group for amazing adventures, explore new worlds, and let your imagination take flight. 18 and over.</p>	<p>Saturdays 5.30pm until late</p>	<p>\$3</p>
<p><u>LCH Photography Group</u></p> <p>Do you own a DSLR camera and have an interest in photography?</p> <p>Come along to our monthly meeting to share all things photography, in a fun & relaxing way.</p>	<p>3rd Wednesday of every month 7pm - 9.00pm</p>	<p>Gold coin</p>
<p><u>Mahjong</u></p> <p>Join us at LCH for lively game of Mahjong.</p>	<p>Wednesdays 1pm</p>	<p>\$3</p>
<p><u>LCH Solo Card Group</u></p> <p>Come along and learn how to play this interesting and fun card game.</p>	<p>Monday 1 – 4pm Fri 9am—12pm</p>	<p>\$3</p>



Special Interest continued

Details	Dates	Cost
<p><u>Creative Writing & Story Telling</u></p> <p>Each week someone brings something that might inspire the writers eg: photos, objects. Writers right their own story that's inspired by the object or theme. Group members then share their stories followed by group discussions.</p>	<p>Tuesday weekly 10am – 12pm</p>	<p>\$3</p>
<p><u>LCH Gardening Group</u></p> <p>This program is run in conjunction with Leongatha Community Garden. Join us and give us a hand to help our vegie patch grow.</p>	<p>Thursday weekly 8.30am -11am</p>	<p>Free</p>
<p><u>Book Club / Book Chat</u></p> <p>Once a month we discuss our book club book and the other fortnight we share what else we have been reading.</p>	<p>2nd Wednesday of the month. 1pm - 2.30pm</p>	<p>\$3</p>

User Groups

We are proud to be the chosen “home” for the following groups that meet at the Community House. Additional or new groups are always welcome.

Leongatha Group of Alcoholics Anonymous

Meets weekly on Saturdays 10am

Basketry & Fibre Group

Meets on the 4th Sunday at 10:30am

Woorayl Cerc

Third Monday bi-monthly

Leongatha Horticultural Society Committee

Meets 2nd Thursday at 4pm-6pm

Kinship Support Group


Meets monthly on a Thursday

Treble F's Singing Group

Meets every Thursday from 3pm—5pm

Please note: the Community House does not run these groups; if you would like to participate in any of them, we have contact details.


Creative Practice

Details	Dates	Cost
<p><u>Calligraphy Class</u></p> <p>Learn the art of Calligraphy with Tutor Jen! This workshop will focus on foundation Calligraphy.</p> <p>Materials required: Calligraphy pen, 2b pencil, rubber, ruler, coloured texters.</p> <p>Calligraphy pens for sale on class day if you haven't got one!</p>	<p>12pm - 4pm</p> <p>15th of June</p> <p>Bookings essential, numbers are limited.</p>	<p>\$15</p>
<p><u>Drawing Workshop with Constance Barker</u></p> <p>Would you like to move beyond drawing just stick figures or would you like to improve your drawing skills?</p> <p>This course will change your approach—to draw what you SEE rather than what you THINK you see.</p>	<p></p> <p>Thursdays</p> <p>Starting 2nd of May</p> <p>6pm - 8pm</p>	<p>\$150</p> <p>7 weeks</p> <p>Payment plan available</p>
<p><u>Mixed Media Art</u></p> <p>In our joyful workshops, you will learn how to make cards, scrapbooking, Junk Magazines and a lot more using a wide range of materials and methods.</p> <p>6 sessions only starting on 21st May</p> <p>Please note: Additional \$20.00 dollars a term for materials.</p>	<p>Tuesday weekly</p> <p>5:00pm -7:00pm</p> <p>Starting on 21st May</p>	<p>\$90 fee includes \$30 material fee</p> <p>6 weeks</p> <p>Payment plan available</p>
<p><u>Kids Art & Craft</u></p> <p>Primary School Age children get creative with LCH join us as we explore a range of mediums in a fun and welcoming environment.</p>	<p>Wednesdays during school term</p> <p>4pm —5.30pm</p>	<p>\$100 per term</p> <p>Payment Plan available</p>


Registration for all classes, workshops, and groups is essential. Call us on 03 5662 3962 to book.



Creative Practice continued

Details	Dates	Cost
<p><u>Fun with Photography with Pauline Bridges</u></p> <p>In this course you can expect to learn - macro photography, oil and water photography, night time photography, Milky Way.</p> <p>This course is theory based.</p>	 <p>Wednesdays 7.00pm-9.00pm Starting 1st May</p>	<p>\$200</p> <p>8 weeks</p> <p>Payment plans available</p>
<p><u>Acrylic Painting for Beginners and Beyond</u></p> <p>Want to try painting with acrylics? Or perhaps further your skills? Join our tutor Tracy and and learn with our friendly group.</p> <p>6 sessions only starting on 24th May</p>	<p>Fridays 10:00am – 12:00pm</p>	<p>\$60</p> <p>6 weeks</p> <p>Payment plan available</p>

Computers & Technology

Details	Dates	Cost
<p><u>Tech Time</u></p> <p>Drop in to this weekly session for help with smartphones, tablets, and other portable devices.</p>	<p>Monday weekly 9.15am— 10.15am</p>	<p>FREE</p>
<p><u>Today's Mobile Technology ran by Manna Gum Community House</u></p> <p>An introductory government funded courses for people who want to get the most from their mobile devices ie. Phones, iPads and tablets.</p> <p>Learn Local courses are delivered to small groups in a friendly, informal environment. This course is designed as a series of classes, conducted at your pace, tailored to individual needs.</p>	 <p>During school term Tuesday 6 weeks 10am - 11.30am</p>	<p>\$20</p> <p>Free for concession card holders</p>

Volunteering at LCH



LEONGATHA COMMUNITY HOUSE

VOLUNTEER'S NEEDED

OPPORTUNITIES


- ✕ Administration
- ✕ Gardening
- ✕ Community Bus Driving

Join Our Team and Make a
Difference Today!

We have several
volunteering opportunities
currently available Monday
- Friday

Leongatha Community
House is a registered
mutual obligations provider.

MORE INFO

 5662 3962



Leongatha Community House Special Events

<p>Volunteers Thank You Lunch</p> <p>A special Volunteers Week event to show our gratitude and appreciation for our amazing Volunteers at Leongatha Community House.</p>	<p>Friday 24th May 12.30pm</p>	<p>Invitation only</p>
<p>Afternoon High Tea</p> <p>Indulge in a delightful afternoon at the Leongatha Community House! Join us for a cozy afternoon tea filled with tasty treats and friendly conversation. Everyone is welcome to join in this warm gathering of community spirit.</p>	<p>Friday June 7th 1.30pm-3pm</p> 	<p>\$15</p>



Coming up later in the year, Save the Dates!

<p>International Friendship Day Morning Tea</p>	<p>Tuesday 30 July</p>	<p>\$5</p>
<p>Daffodil Festival Leongatha Lunch in a paper bag</p>	<p>September</p>	<p>Gold coin</p>
<p>RUOK Day Afternoon Tea 2pm</p>	<p>Thursday 12 September</p>	<p>Donation</p>
<p>Carers Week Gratitude Lunch</p>	<p>13-19 October</p>	<p>Free</p>
<p>Christmas Celebrations</p>	<p>6 December</p>	<p>Free</p>

Follow us on Instagram and Facebook for more events to be added or keep an eye on our Term flyers and local newspapers



Term 2, 2024 at a glance

Saturday		
5.30 - late	Leongatha Dungeons & Dragons	Weekly
Sunday		
10.30am - 3pm	Knitting and Crochet	1st Sunday
Monday		
9.15 - 10.15am	Tech Time	Weekly
9.30 - 2.30pm	Ready For Hospitality	Weekly
10 - 11.30am	Friendship group	2nd Mon
1 - 2.30pm	Ukulele	Weekly
1 - 4pm	LCH Solo Card group	Weekly
Tuesday		
9 - 9.45am	Zumba Gold	Weekly
9.30am - 12pm	All abilities Women's Group	Weekly
10 - 11.30am	Today's Mobile Tech w Manna Gum	6 week course
9.15am - 12.45pm	Breastfeeding Support	Weekly
10am - 12pm	Creative Writers	Weekly
10 - 10.45am	Over 60's medium Exercise Group	Weekly
11 - 11.45am	Over 60's low intensity Exercise Group	Weekly
1 - 4pm	Sewing & Patchworking	Weekly
1 - 2pm	All Abilities Self Defence	Weekly
3 - 6pm	NDIS afterschool social group	Weekly
5 - 7pm	Mixed Media workshops	Starting May
5 - 6pm	Women's Self Defence	Weekly

Term 2 2024 at a glance continued

Wednesday		
Ring for times	Leongatha Bus - Personal Day	Weekly
9.30 - 10.30am	Wednesday Walkers	Weekly
9.30-10.30am	Hatha Yoga	Weekly
10.45-11.30am	Meditation	Weekly
1 - 2.30pm	Book club/ Book chat	2nd Wed
1pm - 3pm	Mahjong	Weekly
4pm - 5.30pm	Kids Art and Craft	Weekly
7 - 9pm	LCH Photography Group	3rd Wed
7 - 9pm	Fun with photography Pauline Bridges	1st of May
Thursday		
8.30 - 11am	Gardening Group	Weekly
10am - 12pm	Craft in Company	Weekly
12.30pm	T.O.P.I.C	Weekly
1 - 3pm	Beginners Sewing	Weekly
6 - 8pm	Drawing with Constance	2nd of May
Friday		
9am - 12.30pm	LCH Solo Card Group	Weekly
10am - 12pm	Painting with Acrylics	24th of May
10am-11am	Conversations in Italian (beginners)	Weekly
7pm onwards	Parents and Friends of Queer Youth	1st Friday
Please ensure that you contact us to book/enquire about our program		